

CATEGORY: NIBBLES

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B CHORIZO NIBBLES														
MENU B BREAD AND OIL NIBBLES		Does contain												Does contain
MENU B HOUMOUS AND PITTA NIBBLES		Does contain								Does contain		Does contain		
MENU B HALLOUMI NIBBLES							Does contain							
MENU A PROVENCAL OLIVES & FETA							Does contain							
MENU B H&M SAUSAGES NIBBLES		Does contain							Does contain					
MENU B WHITBAIT NIBBLES		Does contain			Does contain									
MENU A FENNEL & SAGE SCRATCHING SS19														
GARLIC MUSHROOMS NIBBLES SS20							Does contain							Does contain
VEGETABLE FRIES NIBBLE SS20		Does contain												Does contain

CATEGORY: TO START

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CRAB & AVOCADO COCKTAIL SS20	Does contain	Does contain	Does contain	Does contain	Does contain		Does contain		Does contain					
CAULI BOMBS SS20		Does contain							Does contain				Does contain	
MENU B GREEK SALAD AW18							Does contain							Does contain
BRIXWORTH PATE SS20		Does contain												
MENU A SWEET POTATO SOUP AW18	Does contain	Does contain												
GAMBAS PIL PIL AW19		Does contain	Does contain		Does contain		Does contain							Does contain
VEGAN FALAFELS & TAHINI SS20		Does contain							Does contain			Does contain		
GARLIC MUSHROOMS STARTER SS20		Does contain					Does contain							Does contain

CATEGORY: SHARERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B CAMEMBERT SHARER	Does contain	Does contain					Does contain							Does contain
NACHOS GRANDE		Does contain					Does contain		Does contain					Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *4		Does contain					Does contain							Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *8		Does contain					Does contain							Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *12		Does contain					Does contain							Does contain
BUFFALO DIP CLOX														
PIRI PIRI DIP CLOX														Does contain
HICKORY SMOKED BBQ DIP CLOX														

CATEGORY: STEAKS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B 10OZ RUMP	Does contain						Does contain		Does contain					Does contain
MENU B 8OZ SIRLOIN	Does contain						Does contain		Does contain					Does contain
MENU B 7OZ FILLET	Does contain						Does contain		Does contain					Does contain
MENU B 10OZ GAMMON				Does contain					Does contain					Does contain
MENU B MIXED GRILL	Does contain	Does contain		Does contain			Does contain		Does contain					Does contain
B SIDE SAUCE PEPPERCORN SAUCE	Does contain	Does contain		Does contain			Does contain							
MENU B BLUE CHEESE SAUCE AW18							Does contain							
B SIDE HERB & GARLIC BUTTER	Does contain						Does contain							

B SIDE CHILLIES & CORIANDER BUTTER							Does contain							
CREAMED SPINACH SIDE SS20		Does contain					Does contain							
MENU A SMOKED MAC N CHEESE AW18		Does contain					Does contain							
B SIDE ONION RINGS		Does contain					Does contain							Does contain
MENU A SIDE PRAWNS	Does contain		Does contain		Does contain		Does contain							Does contain
B SIDE SAUTEED MUSHROOMS	Does contain						Does contain							
MENU A ROCKET & PARMESAN SALAD					Does contain		Does contain		Does contain					Does contain

CATEGORY: BURGERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PRIME BEEF BURGER SS20		Does contain		Does contain			Does contain					Does contain	Does contain	Does contain
MENU A BUTTERMILK CHICKEN BURGER SS19		Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MENU B LOADED 12 OZ BEEF BURGER		Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MOVING MOUNTAIN BURGER SS20		Does contain									Does contain	Does contain	Does contain	Does contain
FAUX CHKN BURGER SS20		Does contain							Does contain			Does contain	Does contain	Does contain

CATEGORY: FROM THE GARDEN

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MUSHROOM LINGUINE AW19		Does contain					Does contain		Does contain					Does contain
ROASTED CAULIFLOWER STEAK SS20										Does contain	Does contain	Does contain	Does contain	
MENU A RIGATONI ARRABITA AW18		Does contain		Does contain			Does contain							Does contain
MENU B ASIAN NOODLE STIR FRY		Does contain		Does contain								Does contain	Does contain	Does contain
MAIN COURGETTE & GOATS CHEESE SUPERFOOD SS20		Does contain					Does contain		Does contain				Does contain	Does contain
C BLACK & BLUE 5OZ RUMP		Does contain		Does contain			Does contain		Does contain					
GLAMORGAN SAUSAGE & MASHED POTATO SS20	Does contain	Does contain					Does contain		Does contain					Does contain

CATEGORY: FROM THE LAND

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PORK BELLY & GRATIN SS20	Does contain			Does contain			Does contain							Does contain
ULTIMATE CHICKEN CAESAR SALAD SS20	Does contain	Does contain		Does contain	Does contain		Does contain						Does contain	
BEEF STROGANOFF AW19 GF							Does contain		Does contain					Does contain
PIRI PIRI CHICKEN SS20									Does contain					Does contain
TRIO SAUSAGE & MASH SS20	Does contain	Does contain					Does contain							Does contain
MENU B HUNTERS CHICKEN							Does contain		Does contain				Does contain	Does contain
CHICKEN & HAM PIE SS20	Does contain	Does contain		Does contain			Does contain							Does contain

CATEGORY: FROM THE SEA

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU C MAIN SCAMPI & CHIPS		Does contain	Does contain	Does contain	Does contain				Does contain				Does contain	
BATTERED COD & CHIPS & CURRY SAUCE SS20		Does contain		Does contain	Does contain		Does contain		Does contain				Does contain	
SALMON & ASPARAGUS SS20					Does contain		Does contain							
KING PRAWN & CRAB LINGUINI SS20		Does contain	Does contain	Does contain	Does contain		Does contain							Does contain
MENU B SEABASS	Does contain				Does contain		Does contain							

CATEGORY: SANDWICH

ALLERGENS														
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Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU C FISH FINGER S/W		Does contain		Does contain	Does contain				Does contain					Does contain
VEGGIE S/W SS20		Does contain		Does contain			Does contain		Does contain					Does contain
MENU B CHICKEN & BACON SANDWICH		Does contain		Does contain										Does contain
MENU A CROQUE MONSIEUR S/W AW18		Does contain					Does contain		Does contain					Does contain
THE CHEESESTEAK SS20		Does contain		Does contain			Does contain		Does contain					Does contain
CRAB & AVOCADO S/W SS20		Does contain	Does contain	Does contain	Does contain							Does contain		
B ADD BOWL OF CHIPS														
B MAINS SWAP TO SWEET POTATO FRIES														

CATEGORY: DESSERTS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
WHITE CHOC & RASPBERRY BRULEE SS20				Does contain			Does contain						Does contain	
MENU B TRIO MINI DESSERTS		Does contain		Does contain			Does contain			Does contain	Does contain		Does contain	
MENU C SALTED CARAMEL BROWNIE AW18		Does contain		Does contain			Does contain			Does contain	Does contain		Does contain	Does contain
SUMMER APPLE & BERRY CRUMBLE SS20		Does contain					Does contain							
VEGAN KEY LIME PIE										May contain	May contain		Does contain	Does contain
B DESSERT GALLONES ICE CREAM							Does contain			Does contain				
CHEESE BOARD SS20							Does contain		Does contain	Does contain	Does contain			Does contain

CATEGORY: SUNDAY ROASTS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
SUNDAY STRIPLOIN ROAST SS20	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY PORK LOIN ROAST SS20	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY LAMB ROAST SS20	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY LEMON & THYME CHICKEN ROAST SS20	Does contain	Does contain		Does contain			Does contain							Does contain
SUNDAY ROOT VEGETABLE NUT ROAST SS20	Does contain	Does contain		Does contain			Does contain			Does contain	Does contain	Does contain		Does contain
SALMON ROAST SS20		Does contain		Does contain	Does contain		Does contain							Does contain
VEGAN LEEK & MUSHROOM PIE ROAST SS20	Does contain	Does contain		Does contain			Does contain						Does contain	Does contain
SUNDAY TRIO ROAST SS20	Does contain	Does contain		Does contain			Does contain							Does contain
MENU A PIGS IN BLANKETS AW18		Does contain											Does contain	Does contain
MENU A CAULIFLOWER CHEESE AW18		Does contain					Does contain							
MENU A SIDE ROAST POTATOES AW18														
MENU A YORKSHIRE PUDDING SIDE AW18		Does contain		Does contain			Does contain							
SAUSAGE STUFFING SIDE AW18	Does contain	Does contain		Does contain										

CATEGORY: ON THE SIDE

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
B SIDE BISTRO CHIPS														
MENU B PIRI PIRI FRIES														
B SIDE CHEESY BISTRO CHIPS							Does contain							
B SIDE SWEET POTATO FRIES														
B SIDE SEASONAL VEGETABLES														Does contain
B SIDE COLESLAW				Does contain										Does contain
B SIDE GARLIC BREAD	Does contain	Does contain					Does contain					Does contain		
B SIDE GARLIC BREAD & CHEESE	Does contain	Does contain					Does contain					Does contain		